

Gel Ladder Instructions

The Gel Ladder works by attaching your gel packs to your bike in a convenient, easy to reach place without the need for tape or boxes.



To attach the Gel Ladder to your top tube use the enclosed elastic bands

1. Loop the elastic bands under the top tube
2. Hook the ends of the bands into the grooves on the end of the Gel Ladder
3. Fold the edges of the gel packs so as they slide into the slots in the Gel Ladder.
4. Lift the rear of the Gel Ladder with 2 fingers and slide the folded end of the gel pack through the slot and under the Gel Ladder about 0.5". Repeat for each slot
5. Once the Gel Ladder is released the gel packs will be held securely in place
6. The gel packs can be pulled from the Gel Ladder and consumed as required

WWW.GelLadder.com

1-408-420-3883